DISCLAIMER: The U.S. Embassy Ottawa, Canada assumes no responsibility or liability for the professional ability or reputation of, or the quality of services provided by, the medical professionals, medical facilities or air ambulance services whose names appear on the following lists. Inclusion on this list is in no way an endorsement by the Department of State or the U.S. Embassy/Consulate. Names are listed alphabetically, and the order in which they appear has no other significance. The information in the list on professional credentials and areas of expertise are provided directly by the medical professional, medical facility or air ambulance service; the Embassy/Consulate is not in a position to vouch for such information. You may receive additional information about the individuals and facilities on the list by contacting local medical boards and associations (or its equivalent) or local licensing authorities.

GENERAL MEDICAL INFORMATION

IN THE EVENT OF AN EMERGENCY, DIAL 911

This is a universal number and will bring emergency service, i.e. ambulance, police, fire department, to any locale in Ottawa or its environs. Tell the operator where you are and what the emergency is. The operator will connect you to the service you need. If you are at a pay phone, just dial 911 – no money is required. The quickest way to obtain emergency medical service in non-threatening instances is to go directly to the Emergency Room at the nearest hospital (listed below).

Medical care is provided throughout the province by the Ontario Health Insurance Plan (OHIP). Generally speaking, medical coverage by OHIP may be obtained if the individual acquires a Canadian work permit or landed immigrant or Permanent Resident (PR) status in Canada. There is a 3 month waiting period from the date of employment or landed status before the card takes effect. The individual must establish a residence in Ontario at least 3 months to qualify and cannot leave the country for at least 6 months after submission of the request for OHIP coverage. For further information on the health plan, you should contact Service Canada, located at 110 Laurier Street, Ottawa, Ontario, Tel: 1-800-664-8988. Those who cannot qualify for OHIP must ensure that their U.S. medical insurance will provide adequate coverage abroad. Private U.S. coverage is usually acceptable in the Province of Ontario.

Family physicians provide primary care. Specialists are only seen when a patient has been referred by a family physician. Family physicians are not available outside regular office hours. If you need to see a physician immediately, you will need to go to the emergency room of the nearest hospital. This is standard practice. The emergency room is staffed by family physicians on a rotational basis and they provide care that you would normally expect your “on-call” doctor to provide.
**OTTAWA AREA HOSPITALS**

**East End**

Ottawa Hospital-General Campus (Ottawa General)
501 Smyth Road
Ottawa, Ontario
Tel: (613) 737-7777, (613) 737-6111

Riverside Hospital Campus
1967 Riverside Drive
Ottawa, Ontario
Tel: (613) 738-7100

Children’s Hospital of Eastern Ontario
401 Smyth Rd.,
Ottawa, Ontario
Tel: (613) 737-7600

Monfort Hospital
713 Montreal Rd.,
Ottawa, Ontario
Tel: (613) 746-4621

**West End**

Ottawa Hospital-Civic Campus (Ottawa Civic)
1053 Carling Avenue
Ottawa, Ontario
Tel: (613) 761-4000

Queensway-Carleton Hospital
3045 Baseline Rd.,
Nepean, Ontario
Tel: (613) 721-2000

**HOSPITALS IN GATINEAU**

Des Valles de L’Outaouais
Centre Hospitalier
Hull Pavilion
Gatineau, Quebec
Tel: (819) 595-6000 / Emergencies: (819) 561-8222

Centre Hospitalier de Gatineau
909 Blvd., La Verendrye O.
Gatineau, Quebec
Tel: (819) 561-8100
Wakefield Memorial Hospital  
101 Chemin Burnside  
La Peche, Quebec J0X 3G0  
Tel: (819) 459-1112  
Toll free: 1-877 459-1112

In addition there are major hospitals located in Pembroke, Cornwall, Kingston and all cities in Ontario within 100 miles of the greater Ottawa area, which operate on a 24-hour schedule.

**OTHER EMERGENCY SERVICES**

**Poison Control Centers**
- Ottawa (613) 737-1100  
- Toronto and Ontario 1-800-268-9017  
- Quebec 1-800-463-5060

**Emergency Dental Care**
- Ottawa Dental Society (613) 523-4185

**Air Ambulance Services:**

A majority of the air ambulance services in Canada are operated by contractors working on behalf of a provincial health ministry.

Ornge is the main air ambulance service for the Ontario province and is part of the Canadian Ministry of Health and Long-Term Care. The purpose of the air ambulance service is mainly to serve Ontario’s remote areas and locations that ground ambulances cannot quickly access. Their fleet consists of both helicopters and fixed wing airplanes. Ornge is not accessible to the public through 911. Ornge’s services are usually requested through a sending medical facility or services such as land EMS, and deployed through the Ornge Communications Centre. They have aircraft located at:

- Moosonee Airport  
- Billy Bishop Toronto City Airport  
- Ottawa International Airport  
- Sudbury Airport  
- London International Airport  
- Thunder Bay International Airport  
- Kenora Airport  
- Thunder Bay  
- Sioux Lookout  
- Timmins
Distress Center of Ottawa and Region -24hrs.  (613) 238-3311

Physicians, Dentists and Pediatricians are listed in the yellow pages of the Ottawa/Hull telephone directory alphabetically and by area. While the Embassy does not recommend physicians or dentists, the following is a list of some practitioners in the Ottawa area.

<table>
<thead>
<tr>
<th>Type of Doctor</th>
<th>Address</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Dentists</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dr. Alex Wakter</td>
<td>111 Albert St., Suite 114, Ottawa</td>
<td>613 235-7677</td>
</tr>
<tr>
<td>Dr. Jack Lehrer</td>
<td>267 O’Connor St., Suite 527, Ottawa</td>
<td>613 238-1392</td>
</tr>
<tr>
<td>Dr. I Milne (Orthodontist)</td>
<td>239-B Argyle Ave., Ottawa</td>
<td>613 232-4266</td>
</tr>
<tr>
<td>Dr. J. Fitzgerald</td>
<td>225 Metcalfe St., Suite 102 Ottawa</td>
<td>613 235-9832</td>
</tr>
<tr>
<td>Dr. Allan Nodelman</td>
<td>407 Laurier Ave W, Ottawa</td>
<td>613 233-4885</td>
</tr>
<tr>
<td>Dr. Petra Scholz</td>
<td>75 Albert St, Ottawa</td>
<td>613 236-5621</td>
</tr>
</tbody>
</table>

| **Pediatricians**      |                                  |              |
| Dr. Michael Richler    | 505 O’Connor St., Ottawa         | 613 237-5510 |
| Bank Medical Center    | 1935 Bank St. (Bank and Walkley) | 613 521-2391 |

| **Physicians**         |                                  |              |
| Downtown Travel Medicine Clinic (Dr. Lorne Weiner) | 75 Albert St., Ottawa | 613 238-5963 |
| Carrefour Vanier Medical Centre | 150 Montreal Rd., Suite 305, Vanier | 613 744-4978 |
| Village Health Centre of Osgoode | 3192 Logan Farm Dr., Osgoode, ON | 613 826-2502 |
| Dr. Miriam Salamon    | 507-168 Charlotte St., Ottawa    | 613 789-0907 |
| Dr. Manon Clavette    | 713 Montreal Rd, Gloucester, ON  | 613 830-1693 |
| Appletree Medical Centre (multiple locations) | 368 Slater St., Ottawa | 613-482-0118 |

| **Obstetrics and Gynecology** |                                  |              |
| Dr. David Millar        | 99 Fifth Avenue, Ottawa          | 613 563-3670 |
|                          | K1S 5K4                          |              |
**Medical Resources:**
The following directory allows you to search for physicians in Ontario by location, specialty, name of physician, or various other options. Note that these physicians have not been verified by the US embassy like the physicians listed above.

[http://www.cpsso.on.ca/docsearch/](http://www.cpsso.on.ca/docsearch/)